

Achievable Wellness Awards

NATIONAL

1. **American Heart Association Fit-Friendly Company!** <http://ffc.heart.org/>

The Fit-Friendly Companies program recognizes employers who champion the health of their employees and work to create a culture of physical activity and health in the workplace. The program offers companies several ways to be honored on an annual basis: "Gold" is the first tier of recognition and "Platinum" is the advanced tier. In addition, the recognition program also offers unique "Innovation" awards for companies that creatively tackle the issue of physical inactivity. Recognition is valid for one year from the date of list announcement and companies must renew annually by completing a renewal form.

2. **Well Workplace Awards** (Through the Wellness Counsel of America - WELCOA) <http://www.welcoa.org/wellworkplace/index.php?category=19>

The cornerstone of the Wellness Council of America is the "Well Workplace" Awards process. This innovative initiative recognizes quality and excellence in worksite health promotion. Driven by a pre-defined set of worksite wellness criteria, organizations of all kinds compete to be recognized as one of America's Healthiest Companies. If your organization is looking to compete for national recognition, then we encourage you to consider the Well Workplace Awards initiative.

3. **Health and Wellness Trailblazer Award** (Through Alliance for Workplace Excellence - AWE Awards) <http://www.excellentworkplace.org/awards-health.html>

The Health & Wellness Trailblazer Award recognizes employers who provide innovative programs for employee health and wellness. Wellness programs may include:

- Health Risk Assessments
- Employee Health Fairs
- Support for physical activity and healthy eating programs
- On-site fitness facilities
- Healthy options at food facilities
- Employee access to nurses, coaches and other professionals
- Educational sessions on healthy lifestyle
- Incentives for participation in wellness programs

Are you an excellent workplace or health & wellness trailblazer? Nominate your company for the AWE Workplace Excellence and Health & Wellness Trailblazer awards. Email them at Alliance@excellentworkplace.org and your company will be added to their distribution list.

4. **C. Everett Koop National Health Awards** (Through The Health Project) <http://www.thehealthproject.com/index.html>

The C. Everett Koop National Health Award recognizes population health promotion and improvement programs. Each year, awards are presented by The Health Project's leadership to winning organizations as part of the annual HERO Forum each Fall. To receive the Koop Award, there are three considerations:

- The program must meet The Health Project's goal of reducing the need and demand for medical services
- The Program must share the objectives of the Healthy People health promotion targets
- The program must prove net health care and/or productivity cost reductions while improving population health.

The application for 2012 is now available below. If you have any questions, please email healthproject@emory.edu.

- [2012 Application Form](#)
- [Frequently Asked Questions](#)

5. **Corporate Health Achievement Award** (from the American College of Occupational and Environmental Medicine) <http://www.chaa.org/>

The Corporate Health Achievement Award (CHAA) is an exciting opportunity to recognize organizations with exemplary health, safety and environmental programs. Participating organizations submit a comprehensive application about their program and undergo a rigorous review by an expert panel to assess four key categories: Leadership & Management, Healthy Workers, Healthy Environment, and Healthy Organization. Awards have been given to deserving organizations in manufacturing and service sectors, including city health departments, federal agencies, and healthcare systems. Also, certificates of merit have been bestowed for model programs. The purpose of the CHAA is:

- To foster awareness of quality health, safety, and environmental programs.
- To identify model programs and outstanding practices with measurable results.

HOUSTON:

1. **Houston's Healthiest Employers** Call For Nominations by January 27, 2012 (This is through the Houston Wellness Association)

The Houston Wellness Association is partnering with the Houston Business Journal to bring you the 1st Annual Houston's Healthiest Employers event. These awards will highlight small, medium, and large employers who have health and wellness programs that bring creativity, leadership, and cultural change to improving the lives of their employees. It is not essential to have a mature, comprehensive program in place to participate in the application process,



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since there will be recognition for categories like management support, innovation, and overall participation.

[Click Here to Get Started!](#) All Applications are due by January 27th, 2012! The application process is straightforward and web-based!

Save the date, March 1st, 2012! HR, Benefits, and Wellness Leaders will want to be present for the half day Expo at the Westin Galleria Houston that will include an HWA breakfast seminar on how to effectively utilize incentives in your health plans and wellness programs, an exhibit hall featuring leading edge health and wellness solutions, and the main event, the 1st Annual Houston's Healthiest Awards Luncheon. [Click here to add this event to your calendar.](#)